## Applications of Mathematics

## Francesco Bigolin

Regularity results for a class of obstacle problems in Heisenberg groups

Applications of Mathematics, Vol. 58 (2013), No. 5, 531-554
Persistent URL: http://dml.cz/dmlcz/143431

## Terms of use:

© Institute of Mathematics AS CR, 2013

Institute of Mathematics of the Czech Academy of Sciences provides access to digitized documents strictly for personal use. Each copy of any part of this document must contain these Terms of use.
This document has been digitized, optimized for electronic delivery and
stamped with digital signature within the project DML-CZ: The Czech Digital
Mathematics Library http://dml.cz

# REGULARITY RESULTS FOR A CLASS OF OBSTACLE PROBLEMS IN HEISENBERG GROUPS 

Francesco Bigolin, Povo

(Received October 21, 2011)

Abstract. We study regularity results for solutions $u \in H W^{1, p}(\Omega)$ to the obstacle problem

$$
\int_{\Omega} \mathcal{A}\left(x, \nabla_{\mathbb{H}} u\right) \nabla_{\mathbb{H}}(v-u) \mathrm{d} x \geqslant 0 \quad \forall v \in \mathcal{K}_{\psi, u}(\Omega)
$$

such that $u \geqslant \psi$ a.e. in $\Omega$, where $\mathcal{K}_{\psi, u}(\Omega)=\left\{v \in H W^{1, p}(\Omega): v-u \in H W_{0}^{1, p}(\Omega) v \geqslant\right.$ $\psi$ a.e. in $\Omega\}$, in Heisenberg groups $\mathbb{H}^{n}$. In particular, we obtain weak differentiability in the $T$-direction and horizontal estimates of Calderon-Zygmund type, i.e.

$$
\begin{aligned}
T \psi \in H W_{\mathrm{loc}}^{1, p}(\Omega) & \Rightarrow T u \in L_{\mathrm{loc}}^{p}(\Omega), \\
\left|\nabla_{H} \psi\right|^{p} \in L_{\mathrm{loc}}^{q}(\Omega) & \Rightarrow\left|\nabla_{\text {H }} u\right|^{p} \in L_{\mathrm{loc}}^{q}(\Omega),
\end{aligned}
$$

where $2<p<4, q>1$.
Keywords: obstacle problem, weak solution, regularity, Heisenberg group
MSC 2010: 35D30, 35J20

## 1. Introduction

The aim of this paper is the study of some regularity results for solutions of oneside obstacle problems in the Heisenberg group. More precisely, let $\Omega$ be an open and bounded domain in the Heisenberg group $\Vdash^{n}$. We will consider the weak solution $u \in H W^{1, p}(\Omega)$ of the obstacle problem

$$
\begin{equation*}
\int_{\Omega} \mathcal{A}\left(x, \nabla_{\mathbb{H}} u\right) \nabla_{\mathbb{H}}(v-u) \mathrm{d} x \geqslant 0 \quad \forall v \in \mathcal{K}_{\psi, u}(\Omega) \tag{1.1}
\end{equation*}
$$

The author is supported by PRIN 2008 and University of Trento, Italy.
such that $u \geqslant \psi$ a.e. in $\Omega$, where $\nabla_{\mathbb{H}}$ and $H W^{1, p}(\Omega)$ are respectively the horizontal gradient and the horizontal Sobolev space introduced in (2.5), $\psi \in H W^{1, p}(\Omega)$ is a given obstacle function and

$$
\begin{equation*}
\mathcal{K}_{\psi, u}(\Omega)=\left\{v \in H W^{1, p}(\Omega): v-u \in H W_{0}^{1, p}(\Omega), v \geqslant \psi \text { a.e. in } \Omega\right\}, \tag{1.2}
\end{equation*}
$$

where $H W_{0}^{1, p}(\Omega)$ is the closure of $C_{0}^{\infty}(\Omega)$ in $H W^{1, p}(\Omega)$.
We need the following assumptions, with positive constants $\alpha$ and $\beta$, to hold for the operator $\mathcal{A}: \Omega \times \mathbb{R}^{2 n} \rightarrow \mathbb{R}^{2 n}$ :

$$
\begin{gather*}
x \mapsto \mathcal{A}(x, \xi) \text { is measurable for all } \xi \in \mathbb{R}^{2 n} ;  \tag{1.3}\\
\xi \mapsto \mathcal{A}(x, \xi) \text { is continuous for almost all } x \in \Omega ;  \tag{1.4}\\
\mathcal{A}(x, \xi) \cdot \xi \geqslant \alpha|\xi|^{p} \text { for almost all } x \in \Omega \text { and } \xi \in \mathbb{R}^{2 n} ;  \tag{1.5}\\
|\mathcal{A}(x, \xi)| \leqslant \beta\left(|\xi|^{p-1}+1\right) \text { for almost all } x \in \Omega \text { and } \xi \in \mathbb{R}^{2 n} ;  \tag{1.6}\\
\langle(\mathcal{A}(x, \eta)-\mathcal{A}(x, \xi)),(\eta-\xi)\rangle \geqslant c^{*}(\alpha)\left(\mu^{2}+|\eta|^{2}+|\xi|^{2}\right)^{(p-2) / 2}|\eta-\xi|^{2}  \tag{1.7}\\
\text { for almost all } x \in \Omega \text { and } \xi \neq \eta \in \mathbb{R}^{2 n} .
\end{gather*}
$$

We may assume that $\alpha \leqslant \beta$, by choosing $\beta$ larger, if necessary. We will refer to this set of conditions as the structure conditions of $\mathcal{A}$.

It is worth noticing that the first four structural conditions are not strong enough to give a unique solution to the $\mathcal{K}_{\psi, u}$-obstacle problem. However, if $\mathcal{A}$ satisfies the monotonicity condition

$$
\begin{equation*}
\left(\mathcal{A}\left(x, \xi_{1}\right)-\mathcal{A}\left(x, \xi_{2}\right)\right) \cdot\left(\xi_{1}-\xi_{2}\right)>0, \quad \xi_{1} \neq \xi_{2} \tag{1.8}
\end{equation*}
$$

for a.e. $x \in \mathbb{R}^{n}$, then it can be shown, working as in the Euclidean case, that the $\mathcal{K}_{\psi, u}$-obstacle problem admits a unique solution provided that $\mathcal{K}_{\psi, u} \neq \emptyset$ (see for instance [23], Chapters 3 and 7).

The study of the classical obstacle problem, which started in the sixties with the pioneering work of Stampacchia, Lewy and Lions [26], [27], [35] has led in the last decades to deep developments in the calculus of variations and partial differential equations; among other, some fundamental results have been achieved by Caffarelli ([3], [4]) concerning the theory of free boundaries for the obstacle problem. From that moment onwards many authors have contributed, also following different points of view bringing regularity results for single and double obstacle problem (see among others [8], [12], [18], [19], [20], [33], [34] together with the references therein).

As already mentioned, the aim of this paper is to prove some basic regularity results for the solution to the obstacle problem (1.1) in the Heisenberg group. Beside his mathematical importance as a model of the metric space, the interest in the

Heisenberg group has grown in the last years due to its many applications. The former has been in the modellizations of nonholonomic mechanic (see [7] and reference therein), other ones have been in control theory and in engineering (for instance the motion of robot arms) [37] and neurobiology (models of perceptual completion) [9]. The study of regularity properties of solutions to sub-elliptic equations in Heisenberg groups and in more general Carnot groups started with Hormander [24] and has been developed more recently by the works of Capogna, Garofalo, Danielli, Manfredi, Mingione, Goldstein-Zatorska, and Domokos [5], [6], [12], [14], [15], [16], [17], [21], [28], [29], [32]. We quote the recent and important papers of Mingione and coworkers [32] and Domokos [14], [15], which are fundamental in the techniques of proofs of our results.

As we said we obtain integrability estimates on $T u$ and $\nabla_{\boldsymbol{H}} u$, where $u$ is the weak solution of the obstacle problem (1.1). The regularity result in the vertical direction $T$ is obtained under the assumption $\mathcal{A}\left(x, \nabla_{\boldsymbol{H}} u\right)=\mathcal{A}\left(\nabla_{\boldsymbol{H}} u\right)$. We implement iteration methods on fractional difference quotients, using the techniques of Domokos in [14], [15]. In particular, we consider as test functions in the weak form of (1.1), the fractional difference quotients of the weak solution multiplied by a corresponding cut-off function. Notice that this method has been applied in the Euclidean setting to regularity problems of nonlinear second order equations ([32]). The results we prove (see Theorems 3.4, 3.5) can be summarized as follows.

Theorem 1.1. Let $\Omega \subset \mathbb{H}^{n}$ be an open set, $2 \leqslant p<4$ and let $u \in H W_{\text {loc }}^{1, p}(\Omega)$ be a weak solution of the obstacle problem (1.1) with $T \psi \in W_{\uplus, 1 \mathrm{loc}}^{1, p}(\Omega)$, where $\mathcal{A}\left(x, \nabla_{H} u\right)=$ $\mathcal{A}\left(\nabla_{\text {н }} u\right)$. Then $T u \in L_{\mathrm{loc}}^{p}(\Omega)$.

The second result we achieve goes along the lines of the nonlinear CalderónZygmund theory; indeed, due to the recent result provided by Mingione and coworkers [32] we are able to obtain a Calderón-Zygmund type estimate for the solution $u$ to the obstacle problem in the following sense: provided that the obstacle function $\psi$ belongs to $H W^{1, q}(\Omega)$ with some $q>p, p$ being the natural growth exponent appearing in the structure conditions for $\mathcal{A}$, then also $u \in H W^{1, q}(\Omega)$. The study of nonlinear Calderón-Zygmund type estimates goes back to the fundamental paper of Iwaniec [25] in the case of elliptic equations with constant $p$ growth, and to the paper of Di Benedetto and Manfredi [13] in the case of elliptic systems. Recently, Acerbi and Mingione proved estimates of this kind for parabolic systems in [1] and Bögelein, Duzaar and Mingione proved similar results in the elliptic and in the parabolic case in [2], using the technique introduced by [1]. The result of [2] has been subsequently extended by Eleuteri and Habermann to the variable exponent case, see [19]. Furthermore, Mingione [30], [31] developed a natural extension of the Calderón Zygmund
theory for problems with measure data, showing appropriate fractional differentiability of the solution. The result we prove extends to the subelliptic case the original result of [2] and can be summarized as follows.

Theorem 1.2. Let $u \in H W^{1, p}(\Omega)$ be a solution to the obstacle problem (1.1) under the assumptions (1.3)-(1.8) and $2<p<4$. If $\left|\nabla_{H} \psi\right|^{p} \in L_{\text {loc }}^{q}(\Omega)$ for some $q>1$, then $\left|\nabla_{\text {н }} u\right|^{p} \in L_{\mathrm{loc}}^{q}(\Omega)$.

The proof of this result goes through several steps. As in the Euclidean case, the key point to the proof of a quantified higher integrability of the gradient of the solution $u$ to the obstacle problem (1.1) is a decay estimate of the level sets of the maximal function of $\left|\nabla_{\boldsymbol{H}} u\right|^{p}$ to increasing levels, as we can see in (4.24) (recall also the definitions of $\mu_{1}$ and $\mu_{2}$ in (4.20)). Iteration of (4.24) in combination with the well known $L^{p}$ estimates for the maximal function then directly provides the desired integrability result. To prove (4.24), we make use of Lemma 4.2 which is a direct consequence of a Calderón-Zygmund type covering argument. To apply this lemma on super level sets of the maximal function (see the definitions of $E$ and $G$ in (4.22) and (4.23)), it turns out to be crucial to show that assumption (ii) in Lemma 4.2 is fulfilled. This is the statement of Lemma 4.3. In order to prove Lemma 4.3, the strategy consists in a comparison of the solution to the original obstacle problem to the solution to the Dirichlet problem

$$
\begin{cases}\operatorname{div}_{\mathbb{H}} \mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} z\right)=0 & \text { in } B,  \tag{1.9}\\ z=u & \text { on } \partial B .\end{cases}
$$

The structure conditions of this problem-a nonlinear degenerate elliptic equation with constant growth exponent-guarantee an $L^{\infty}$ estimate for the gradient of $z$, namely the following theorem which is the novelty brought by Mingione and coworkers in [32]:

$$
\begin{equation*}
\sup _{B_{R / 2}}\left|\nabla_{\mathbb{H}} u\right| \leqslant c\left(f_{B_{R}}\left(\mu+\left|\nabla_{H} u\right|^{p}\right) \mathrm{d} h\right)^{1 / p} . \tag{1.10}
\end{equation*}
$$

To compare the solution to the original obstacle problem to the solution to (1.9), it turns out to be necessary to include further two comparison processes, in order to be able, through the different comparison estimates, to pass the sup estimate on the solution $u$ to the original obstacle problem.

The structure of the paper is the following: in Section 2 we recall some preliminary results and definitions in the Heisenberg group, Section 3 is devoted to the study of the vertical derivative $T u$ and Section 4 to the Calderón-Zygmund type estimates of the horizontal gradient $\nabla_{\text {H }} u$.

## 2. Heisenberg groups

The Heisenberg group $\mathbb{H}^{n}=\mathbb{C}^{n} \times \mathbb{R}=\mathbb{R}^{2 n+1}$ is the simplest example of the Carnot group, endowed with a left-invariant metric $d_{\infty}$, which is not equivalent to the Euclidean metric.

We shall denote the points of $\mathbb{H}^{n}$ by $x=\left(x_{1}, \ldots, x_{n}, x_{n+1}, \ldots, x_{2 n}, t\right)$. If $x=$ $\left(x^{\prime}, t\right), y=\left(y^{\prime}, s\right) \in \mathbb{H}^{n}$, we define the group operation

$$
\begin{equation*}
x \cdot y:=\left(x^{\prime}+y^{\prime}, t+s-\frac{1}{2} \sum_{i}\left[y_{i} x_{i+n}-x_{i} y_{i+n}\right]\right) \tag{2.1}
\end{equation*}
$$

and the family of non isotropic dilations $\delta_{r}(x):=\left(R x^{\prime}, R^{2} t\right)$, for $R>0$. The Heisenberg Lie algebra $\mathfrak{h}$ is (linearly) generated by

$$
\begin{equation*}
X_{j}=\frac{\partial}{\partial x_{j}}-\frac{x_{j+n}}{2} \frac{\partial}{\partial t}, \quad X_{j+n}=\frac{\partial}{\partial x_{j+n}}+\frac{x_{j}}{2} \frac{\partial}{\partial t} \quad \text { for } j=1, \ldots, n ; \quad T=\frac{\partial}{\partial t} \tag{2.2}
\end{equation*}
$$

the only non-trivial commutator relations are $\left[X_{j}, X_{j+n}\right]=T$ for $j=1, \ldots, n$. Let us define $\|x\|_{\infty}:=\max \left\{\left|x^{\prime}\right|,|t|^{1 / 2}\right\}$ and the distance $d_{\infty}$, defined as $d_{\infty}(x, y):=$ $\left\|x^{-1} \cdot y\right\|_{\infty}$.

Proposition 2.1. For any bounded subset $\Omega \in \mathbb{H}^{n}$ there exist positive constants $c_{1}(\Omega), c_{2}(\Omega)$ such that

$$
\begin{equation*}
c_{1}(\Omega)|x-y|_{\mathbb{R}^{2 n+1}} \leqslant d_{\infty}(x, y) \leqslant c_{2}(\Omega)|x-y|_{\mathbb{R}^{2 n+1}}^{1 / 2} \quad \text { for } x, y \in \Omega \tag{2.3}
\end{equation*}
$$

Hence, the topologies defined by $d_{\infty}$ and by the Euclidean distance coincide on $\mathbb{H}^{n}$, therefore the topological dimension of $\mathbb{H}^{n}$ is $2 n+1$. On the contrary, the Hausdorff dimension of $\left(\mathbb{H}^{n}, d_{\infty}\right)$ is $\mathcal{Q}=2 n+2 . \mathcal{Q}$ is called the homogeneous dimension of $\mathbb{H}^{n}$.

We will indicate the ball with center $x_{0} \in \mathbb{H}^{n}$ and radius $R$ with respect to the distance $d_{\infty}$ by $B\left(x_{0}, R\right):=\left\{x \in \Vdash^{n}: d_{\infty}\left(x, x_{0}\right) \leqslant R\right\}$. The ball $B\left(x_{0}, R\right)$ has a doubling property, i.e. there exists a constant $C$, depending only on the homogeneous dimension $\mathcal{Q}$ such that

$$
\begin{equation*}
\mathcal{L}^{2 n+1}\left(B\left(x_{0}, 2 R\right)\right) \leqslant C \mathcal{L}^{2 n+1}\left(B\left(x_{0}, R\right)\right) \tag{2.4}
\end{equation*}
$$

When the center of the ball is not important, we shall use the notation $B_{R}=B\left(x_{0}, R\right)$ and when no ambiguity may arise, we shall also denote $\lambda B=B\left(x_{0}, \lambda R\right)$ for $\lambda>0$.

There is a natural measure $\mathrm{d} x$ on $\mathbb{H}^{n}$ which is given by the Lebesgue measure $\mathrm{d} \mathcal{L}^{2 n+1}=\mathrm{d} x$ on $\mathbb{R}^{2 n+1}$. The measure $\mathrm{d} x$ is left (and right) invariant and it is the Haar measure of the group.

Definition 2.2. Let $B_{R} \subset \mathbb{H}^{n}$ be a ball and $f: B_{R} \rightarrow \mathbb{R}^{k}$ an intagrable function. Let us define the average of $f$ over $B_{R}$ as

$$
(f)_{R}:=f_{B_{R}} f(x) \mathrm{d} x=\frac{1}{\mathcal{L}^{2 n+1}\left(B_{R}\right)} \int_{B_{R}} f(x) \mathrm{d} x .
$$

We shall identify vector fields and associated first order differential operators; thus the vector fields $X_{1}, \ldots, X_{n}, X_{n+1}, \ldots, X_{2 n}$ generate a vector bundle on $\mathbb{H}^{n}$, the so called horizontal vector bundle $\mathrm{H} \mathbb{H}^{n}$ according to the notation of Gromov (see [22]), that is a vector subbundle of $T \oiint^{n}$, the tangent vector bundle of $\mathbb{H}^{n}$.

Let $\Omega \subset \Vdash^{n}$ be an open set and $u \in C^{0}(\Omega)$. We will define in the sense of distributions as the horizontal gradient of $u$ the vector

$$
\nabla_{\mathfrak{H}} u:=\left(X_{1} u, \ldots, X_{n} u, X_{n+1} u, \ldots, X_{2 n} u\right) .
$$

It is well-known that $\nabla_{\text {HH }}$ acts as a gradient operator in $\mathbb{H}^{n}$. Let us denote by $C_{H}^{1}(\Omega)$ the set of continuous real functions in $\Omega$ such that $\nabla_{\boldsymbol{H}} u$ is continuous in $\Omega$. The notion of $C_{\sharp H}^{k}(\Omega)$ is given analogously. Finally, let us define the horizontal Sobolev space

$$
\begin{equation*}
H W^{1, p}(\Omega):=\left\{u \in C^{0}(\Omega): \nabla_{\boldsymbol{H}} u \in L^{p}\left(\Omega ; \mathbb{R}^{2 n}\right)\right\} ; \tag{2.5}
\end{equation*}
$$

$H W^{1, p}(\Omega)$ is a Banach space with the norm

$$
\|u\|_{H W^{1, p}(\Omega)}:=\|u\|_{L_{\|}^{p}(\Omega)}+\left\|\nabla_{H} u\right\|_{L_{\|}^{p}\left(\Omega ; \mathbb{R}^{2 n}\right)} .
$$

As already mentioned, $H W_{0}^{1, p}(\Omega)$ is defined in the usual way, as the closure of $C_{0}^{\infty}(\Omega)$ in $H W^{1, p}(\Omega)$. We will write $u \in H W_{\text {loc }}^{1, p}(\Omega)$ if $u \in H W^{1, p}(K)$ for every compact set $K \subset \Omega$.

To conclude this section, let us recall that if $Z$ is an invariant vector field, then for some $P=\left(x_{1}, \ldots x_{2 n}, t\right)$ we can write

$$
Z=\sum_{i=1}^{2 n} x_{i} X_{i}+t T
$$

The exponential mapping in canonical coordinates is defined by $\mathrm{e}^{Z}=P$. Let us finally recall the Baker-Campbell-Hausdorff formula for the invariant vector fields $Z, V$

$$
\mathrm{e}^{Z} \mathrm{e}^{V}=\mathrm{e}^{Z+V+\frac{1}{2}[Z, V]} .
$$

## 3. A regularity result for the vertical derivative

In this section we consider the obstacle problem (1.1) in the case $\mathcal{A}\left(x, \nabla_{\text {H }} u\right)=$ $\mathcal{A}\left(\nabla_{H} u\right)$, i.e.

$$
\begin{equation*}
\int_{\Omega} \mathcal{A}\left(\nabla_{\mathbb{H}} u\right) \nabla_{\mathfrak{H}}(v-u) \mathrm{d} x \geqslant 0 \quad \forall v \in \mathcal{K}_{\psi, u}(\Omega) \tag{3.1}
\end{equation*}
$$

under the assumptions (1.3)-(1.8). Let us recall some preliminary definitions and results about fractional difference quotients, following the notation of [14].

Definition 3.1. Let $\Omega \subset \mathbb{H}^{n}$ be a bounded open set. Let $x \in \Omega$, let $Z$ be a left invariant vector field, $s \in \mathbb{R}, 0<\alpha, \theta \leqslant 1$ and let $u: \Omega \rightarrow \mathbb{R}$. We define

$$
\begin{aligned}
D_{Z, s, \theta} u(x) & :=\frac{u\left(x \cdot \mathrm{e}^{s Z}\right)-u(x)}{|s|^{\theta}}, \\
D_{Z,-s, \theta} u(x) & :=\frac{u\left(x \cdot \mathrm{e}^{-s Z}\right)-u(x)}{-|s|^{\theta}} \\
\Delta_{Z, s} u(x) & :=u\left(x \cdot \mathrm{e}^{s Z}\right)-u(x) \\
\Delta_{Z, s}^{2} u(x) & :=u\left(x \cdot \mathrm{e}^{s Z}\right)+u\left(x \cdot \mathrm{e}^{-s Z}\right)-2 u(x)
\end{aligned}
$$

Let us notice that

$$
\begin{aligned}
D_{Z,-s, \alpha} D_{Z, s, \theta} u(x) & =D_{Z, s, \theta} D_{Z,-s, \alpha} u(x) \\
& =\frac{u\left(x \cdot \mathrm{e}^{s Z}\right)+u\left(x \cdot \mathrm{e}^{-s Z}\right)-2 u(x)}{|s|^{\alpha+\theta}}=\frac{\Delta_{Z, s}^{2} u(x)}{|s|^{\alpha+\theta}} .
\end{aligned}
$$

If $\theta=1$, we will denote $D_{Z, s, 1} u \equiv D_{Z, s} u$. We will use the following results from [5], [14], [24].

Proposition 3.2. Let $\Omega \subset \mathbb{H}^{n}$ be an open set, $K \subset \Omega$ a compact set, $Z$ a left invariant vector field and $u \in L_{\mathrm{loc}}^{p}(\Omega)$. If there exist constants $\sigma, C>0$ such that

$$
\sup _{0<|s|<\sigma} \int_{K}\left|D_{Z, s, 1} u(x)\right|^{p} \mathrm{~d} x \leqslant C^{p}
$$

then $Z u \in L^{p}(K)$ and $\|Z u\|_{L^{p}(K)} \leqslant C$. Conversly, if $Z u \in L^{p}(K)$ then for some $\sigma>0$

$$
\sup _{0<|s|<\sigma} \int_{K}\left|D_{Z, s, 1} u(x)\right|^{p} \mathrm{~d} x \leqslant\left(2\|Z u\|_{L^{p}(K)}\right)^{p}
$$

Proposition 3.3. Let $\Omega \subset \mathbb{H}^{n}$ be an open set, $1<p<\infty$, let $u \in H W_{\text {loc }}^{1, p}(\Omega)$, $x_{0} \in \Omega$, and $R>0$ be such that $B_{3 R}=B\left(x_{o}, 3 R\right) \subset \Omega$. Then there exists a positive constant $c$ independent of $u$ such that

$$
\int_{B_{R}}\left|D_{T, s, \frac{1}{2}} u(x)\right|^{p} \mathrm{~d} x \leqslant c \int_{B_{2 R}}\left(|u|^{p}+\left|\nabla_{H} u\right|^{p}\right) \mathrm{d} x .
$$

We are now able to show our result.

Theorem 3.4. Let $\Omega \subset \mathbb{H}^{n}$ be an open set, let $u \in H W_{\operatorname{loc}}^{1, p}(\Omega)$ be a weak solution of the obstacle problem (3.1) with $T \psi \in H W_{\mathrm{loc}}^{1, p}(\Omega), x_{0} \in \Omega, R>0$ such that $B_{R}=B\left(x_{0}, R\right) \subset \Omega$. Let us suppose that there exist $c>0, \sigma>0$, and $\alpha \in[0,1 / 2)$ such that

$$
\begin{equation*}
\sup _{0 \neq|s| \leqslant \sigma} \int_{B_{R}}\left|D_{T, s, \frac{1}{2}+\alpha} u(x)\right|^{p} \mathrm{~d} x \leqslant c \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{\boldsymbol{H}} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p} \mathrm{~d} x . \tag{3.2}
\end{equation*}
$$

If $(1+2 \alpha) / p<1 / 2$ then with possibly different $c>0$ and $\sigma>0$ we have

$$
\begin{align*}
\sup _{0 \neq|s| \leqslant \sigma} & \int_{B_{R / 2}}\left|D_{T, s, 1 / 2+1 / p+(2 / p) \alpha} u(x)\right|^{p} \mathrm{~d} x  \tag{3.3}\\
& \leqslant c \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p}+|T \psi(x)|^{p}+\left|\nabla_{H} T \psi(x)\right|^{p} \mathrm{~d} x .
\end{align*}
$$

If $(1+2 \alpha) / p \geqslant 1 / 2$ then

$$
\begin{align*}
& \int_{B_{R / 4}}|T u(x)|^{p} \mathrm{~d} x  \tag{3.4}\\
& \quad \leqslant c \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p}+|T \psi(x)|^{p}+\left|\nabla_{\text {H }} T \psi(x)\right|^{p} \mathrm{~d} x .
\end{align*}
$$

Proof. Let $u \in H W^{1, p}(\Omega)$ be a weak solution of the problem (3.1) and let $\eta$ be a cut-off function between $B_{R / 2}$ and $B_{R}$ such that there exists $C_{\eta}>0$ such that $\left|\nabla_{\boldsymbol{H}} \eta\right| \leqslant C_{\eta} / R$. Let us define the function

$$
\begin{equation*}
\varphi(x):=u(x)+D_{T,-s, \gamma}\left(\eta^{2} D_{T, s, \gamma}[u-\psi]\right) . \tag{3.5}
\end{equation*}
$$

Let us verify that $\varphi$ is a good test function. Indeed,

$$
\begin{aligned}
\varphi(x):= & u(x)+D_{T,-s, \gamma}\left(\eta^{2} D_{T, s, \gamma}[u-\psi]\right)=u(x)+D_{T,-s, \gamma}\left(\eta^{2} D_{T, s, \gamma} u\right) \\
& -D_{T,-s, \gamma}\left(\eta^{2} D_{T, s, \gamma} \psi\right)=u(x)+D_{T,-s, \gamma}\left(\eta^{2}(x) \frac{u\left(x \cdot \mathrm{e}^{s T}\right)-u(x)}{s^{\gamma}}\right) \\
& -D_{T,-s, \gamma}\left(\eta^{2}(x) \frac{\psi\left(x \cdot \mathrm{e}^{s T}\right)-\psi(x)}{s^{\gamma}}\right)=u(x) \\
& +\frac{1}{s^{2 \gamma}}\left[-\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) u(x)+\eta^{2}(x) u\left(x \cdot \mathrm{e}^{s T}\right)+\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) u\left(x \cdot \mathrm{e}^{-s T}\right)-\eta^{2}(x) u(x)\right] \\
& +\frac{1}{s^{2 \gamma}}\left[\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) \psi(x)-\eta^{2}(x) \psi\left(x \cdot \mathrm{e}^{s T}\right)-\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) \psi\left(x \cdot \mathrm{e}^{-s T}\right)-\eta^{2}(x) \psi(x)\right] \\
= & u(x)\left[1-\frac{1}{s^{2 \gamma}} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right)-\frac{1}{s^{2 \gamma}} \eta^{2}(x)\right]+\frac{1}{s^{2 \gamma}} \eta^{2}(x) u\left(x \cdot \mathrm{e}^{-s T}\right) \\
& +\frac{1}{s^{2 \gamma}} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) u\left(x \cdot \mathrm{e}^{-s T}\right)+\frac{1}{s^{2 \gamma}}\left[\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right)+\eta^{2}(x)\right] \psi(x) \\
& -\frac{1}{s^{2 \gamma}} \eta^{2}(x) \psi\left(x \cdot \mathrm{e}^{-s T}\right)-\frac{1}{s^{2 \gamma} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) \psi\left(x \cdot \mathrm{e}^{-s T}\right)} \\
\geqslant & \psi(x)\left[1-\frac{1}{s^{2 \gamma}} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right)-\frac{1}{s^{2 \gamma}} \eta^{2}(x)\right]+\frac{1}{s^{2 \gamma}} \eta^{2}(x) \psi\left(x \cdot \mathrm{e}^{-s T}\right) \\
& +\frac{1}{s^{2 \gamma}} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) \psi\left(x \cdot \mathrm{e}^{-s T}\right)+\frac{1}{s^{2 \gamma}}\left[\eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right)+\eta^{2}(x)\right] \psi(x) \\
& -\frac{1}{s^{2 \gamma}} \eta^{2}(x) \psi\left(x \cdot \mathrm{e}^{-s T}\right)-\frac{1}{s^{2 \gamma}} \eta^{2}\left(x \cdot \mathrm{e}^{-s T}\right) \psi\left(x \cdot \mathrm{e}^{-s T}\right)=\psi(x) .
\end{aligned}
$$

Let us consider now the equation

$$
\int_{B_{R}} \mathcal{A}\left(\nabla_{H} u(x)\right)\left(\nabla_{H}\left(D_{T,-s, \gamma}\left(\eta^{2} D_{T, s, \gamma}[u-\psi]\right)\right)\right) \mathrm{d} x \geqslant 0 .
$$

Since $D_{T, s, \gamma}, D_{T,-s, \gamma}$ and $X_{i}$ are commutative, we have

$$
\begin{aligned}
& \int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{H} u(x)\right)\right) \nabla_{\mathfrak{H}}\left(\eta^{2} D_{T, s, \gamma}[u-\psi]\right) \mathrm{d} x \leqslant 0, \\
& \int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{H} u(x)\right)\right) \eta^{2} \nabla_{\mathbb{H}}\left(D_{T, s, \gamma}[u-\psi]\right) \mathrm{d} x \\
& \quad+\int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{H} u(x)\right)\right) 2 \eta \nabla_{H} \eta D_{T, s, \gamma}[u-\psi] \mathrm{d} x \leqslant 0 .
\end{aligned}
$$

Then

$$
\begin{equation*}
\int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{H} u(x)\right)\right) \eta^{2} \nabla_{H}\left(D_{T, s, \gamma} u\right) \mathrm{d} x \leqslant A-B+C, \tag{3.6}
\end{equation*}
$$

where

$$
\begin{aligned}
& A=\int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{\mathbb{H}} u(x)\right)\right) \eta^{2} \nabla_{\mathbb{H}}\left(D_{T, s, \gamma} \psi\right) \mathrm{d} x, \\
& B=\int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{\mathbb{H}} u(x)\right)\right) 2 \eta \nabla_{\mathbb{H}} \eta D_{T, s, \gamma} u \mathrm{~d} x, \\
& C=\int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{\mathbb{H}} u(x)\right)\right) 2 \eta \nabla_{\mathbb{H}} \eta D_{T, s, \gamma} \psi \mathrm{~d} x .
\end{aligned}
$$

Using the same estimates of equation (3.9) as in Lemma 3.1 of [14] and denoting

$$
A(x):=\mu^{2}+\left|\nabla_{\sharp} u(x)\right|^{2}+\left|\nabla_{\sharp} u\left(x \cdot \mathrm{e}^{s T}\right)\right|^{2},
$$

we obtain

$$
\begin{aligned}
& \int_{B_{R}} D_{T, s, \gamma}\left(\mathcal{A}\left(\nabla_{\mathbb{H}} u(x)\right)\right) \eta^{2} \nabla_{\mathbb{H}}\left(D_{T, s, \gamma} u\right) \mathrm{d} x \\
& \leqslant c \underbrace{\int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} \psi(x)\right| \mathrm{d} x}_{A^{\prime}} \\
&+2 c \underbrace{\int_{B_{R}} \eta\left|\nabla_{\mathbb{H}} \eta\right| A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|\left|D_{T, s, \gamma} u(x)\right| \mathrm{d} x}_{B^{\prime}} \\
&+2 c \underbrace{\int_{B_{R}} \eta\left|\nabla_{\mathbb{H}} \eta\right| A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} \psi(x)\right| \mathrm{d} x}_{C^{\prime}}
\end{aligned}
$$

Applying the $\varepsilon$-Young inequality to $A^{\prime}, B^{\prime}$ and $C^{\prime}$, we obtain with a possible different constant $c>0$

$$
\begin{align*}
A^{\prime}+B^{\prime}+C^{\prime} \leqslant & c \int_{B_{R}} \varepsilon \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|^{2} \mathrm{~d} x  \tag{3.7}\\
& +\frac{c}{\varepsilon} \int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} \psi(x)\right|^{2} \mathrm{~d} x \\
& +\frac{c}{\varepsilon} \int_{B_{R}}\left|\nabla_{\mathbb{H}} \eta\right|^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} u(x)\right|^{2} \mathrm{~d} x \\
& +\frac{c}{\varepsilon} \int_{B_{R}}\left|\nabla_{\mathbb{H}} \eta\right|^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \psi(x)\right|^{2} \mathrm{~d} x .
\end{align*}
$$

Hence, we have that

$$
\int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|^{2} \mathrm{~d} x \leqslant A^{\prime}+B^{\prime}+C^{\prime}
$$

by the Young inequality and for all sufficiently small $\varepsilon>0$ we obtain

$$
\begin{aligned}
& \int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\text {H }} u(x)\right|^{2} \mathrm{~d} x \\
& \leqslant C \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{\boldsymbol{H}} u(x)\right|^{2}\right)^{(p) / 2}+|u(x)|^{p} \mathrm{~d} x+C \int_{B_{R}}\left|\nabla_{\boldsymbol{H}} \eta\right|^{p}\left|D_{T, s, \gamma} \psi\right|^{p} \mathrm{~d} x \\
&+C \int_{B_{R}} \eta^{p}\left|D_{T, s, \gamma} \nabla_{H} \psi\right|^{p} \mathrm{~d} x .
\end{aligned}
$$

Since for every $|s|<1$ the quantity $D_{T, s, \gamma} \psi$ is monotone increasing with respect to $\gamma$ and since $\gamma<1$, we have

$$
\begin{align*}
& \int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{H} u(x)\right|^{2} \mathrm{~d} x  \tag{3.8}\\
& \leqslant C \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p} \mathrm{~d} x+C \int_{B_{R}}\left|\nabla_{H} \eta\right|^{p}\left|D_{T, s, 1} \psi\right|^{p} \mathrm{~d} x \\
&+C \int_{B_{R}} \eta^{p}\left|D_{T, s, 1} \nabla_{H} \psi\right|^{p} \mathrm{~d} x .
\end{align*}
$$

Finally, applying Proposition 3.2 we deduce that for all $s>0$ sufficiently small

$$
\begin{align*}
& \int_{B_{R}} \eta^{2} A(x)^{(p-2) / 2}\left|D_{T, s, \gamma} \nabla_{\text {H }} u(x)\right|^{2} \mathrm{~d} x  \tag{3.9}\\
& \leqslant C \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{\boldsymbol{H}} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p} \mathrm{~d} x \\
&+\frac{C}{R}\left(2\|T \psi\|_{L^{p}\left(B_{R}\right)}\right)^{p}+C\left(2\left\|\nabla_{\text {HT }} T \psi\right\|_{L^{p}\left(B_{R}\right)}\right)^{p} .
\end{align*}
$$

By virtue of

$$
\left|D_{T, s, \gamma} \nabla_{H} u(x)\right|^{p}=\left|D_{T, s, \gamma} \nabla_{H} u(x)\right|^{p-2} \cdot\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|^{2}
$$

and the inequality

$$
\left|s^{\gamma} D_{T, s, \gamma} \nabla_{H} u(x)\right| \leqslant \sqrt{2}\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}+\left|\nabla_{H} u\left(x \cdot \mathrm{e}^{s T}\right)\right|\right)^{1 / 2},
$$

formula (3.8) gives

$$
\begin{align*}
& \int_{B_{R}} \eta^{2} s^{(p-2) \gamma}\left|D_{T, s, \gamma} \nabla_{\mathbb{H}} u(x)\right|^{p} \mathrm{~d} x  \tag{3.10}\\
& \leqslant \\
& \leqslant \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p} \mathrm{~d} x+C \int_{B_{R}}\left|\nabla_{\mathbb{H}} \eta\right|^{p}\left|D_{T, s, 1} \psi\right|^{p} \mathrm{~d} x \\
& \quad+C \int_{B_{R}} \eta^{p}\left|D_{T, s, 1} \nabla_{H} \psi\right|^{p} \mathrm{~d} x .
\end{align*}
$$

Since

$$
\begin{aligned}
D_{T, s, \gamma} \nabla_{H}\left(\eta^{2} u\right)(x)= & D_{T, s, \gamma} \nabla_{\mathbb{H}}\left(\eta^{2}\right)(x) u\left(x \cdot \mathrm{e}^{s T}\right)+\nabla_{\mathbb{H}}\left(\eta^{2}\right)(x) D_{T, s, \gamma} u(x) \\
& +D_{T, s, \gamma} \eta^{2}(x) \nabla_{H} u\left(x \cdot \mathrm{e}^{s T}\right)+\eta^{2}(x) D_{T, s, \gamma} \nabla_{H} u(x),
\end{aligned}
$$

we have that

$$
\begin{align*}
& \int_{B_{R}}\left|D_{T, s, 2 \gamma / p} \nabla_{\mathfrak{H}} u(x)\right|^{p} \mathrm{~d} x \leqslant C \int_{B_{2 R}}\left(\mu^{2}+\left|\nabla_{\mathfrak{H}} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p} \mathrm{~d} x  \tag{3.11}\\
&+C \int_{B_{R}}\left|\nabla_{H} \eta\right|^{p}\left|D_{T, s, 1} \psi\right|^{p} \mathrm{~d} x+C \int_{B_{R}} \eta^{p}\left|D_{T, s, 1} \nabla_{H} \psi\right|^{p} \mathrm{~d} x .
\end{align*}
$$

We denote the right-hand side of (3.11) by $M^{p}$. Using Proposition 3.3, we obtain

$$
\begin{equation*}
\int_{B_{R}}\left|D_{T,-s, 1 / 2} D_{T, s, 2 \gamma / p}\left(\eta^{2} u\right)(x)\right|^{p} \mathrm{~d} x \leqslant M^{p} \tag{3.12}
\end{equation*}
$$

Therefore, for all $s$ small enough we find that

$$
\begin{equation*}
\frac{\left\|\Delta_{T, s}^{2}\left(\eta^{2} u\right)\right\|_{L^{p}(\Omega)}}{s^{1 / 2+(1+2 \alpha) / p}} \leqslant M . \tag{3.13}
\end{equation*}
$$

If $(1+2 \alpha) / p<1 / 2$ then by Theorem 1.1 of [14] we get (3.3). If $(1+2 \alpha) / p>1 / 2$ then, by Remark 2.2 of [14], we have $T u \in L_{\mathrm{loc}}^{p}(\Omega)$ and estimate (3.4) is valid.

If $(1+2 \alpha) / p=1 / 2$, since $\alpha \in[0,(1 / 2))$ we get $0 \leqslant(p-2) / 4<1 / 2$ which gives $2 \leqslant p \leqslant 4$. By Theorem 1.1 of [14] it follows that we can use $\alpha^{\prime}$ arbitrarily close to $1 / 2$, in particular $\alpha^{\prime}>(p-2) / 4$, and the following form of (3.2):

$$
\sup _{0 \neq|s| \leqslant \sigma} \int_{B_{R / 2}}\left|D_{T, s, 1 / 2+\alpha^{\prime}} u(x)\right|^{p} \mathrm{~d} x \leqslant c \int_{B_{2 R}}\left(\mu^{2}+\left(\left|\nabla_{\mathbb{H}} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p}\right) \mathrm{d} x .
$$

Using a cut-off function $\eta$ between $B_{R / 4}$ and $B_{R / 2}$ we get (3.13) with $\left(1+\alpha^{\prime}\right) / p>\frac{1}{2}$ and then the previous case.

Following the proof of Theorem 1.2 in [14], we obtain now this result:
Theorem 3.5. Let $\Omega \subset \mathbb{H}^{n}$ be an open set, $2 \leqslant p<4$, and let $u \in H W_{\text {loc }}^{1, p}(\Omega)$ be a weak solution of the obstacle problem (3.1) with $T \psi \in H W_{\text {loc }}^{1, p}(\Omega)$. Consider $x_{0} \in \Omega$, and $R>0$ such that $B\left(x_{0}, 3 R\right) \subset \Omega$. Then there exist a number $k \in \mathbb{N}$ depending only on $p$ and a constant $c>0$ such that

$$
\begin{align*}
& \int_{B\left(x_{0}, R / 2^{k+1}\right)}|T u(x)|^{p} \mathrm{~d} x  \tag{3.14}\\
& \leqslant c \int_{B\left(x_{0}, 2 R\right)}\left(\left(\mu^{2}+\left|\nabla_{H} u(x)\right|^{2}\right)^{p / 2}+|u(x)|^{p}+|T \psi(x)|^{p}+\left|\nabla_{H} T \psi(x)\right|^{p}\right) \mathrm{d} x,
\end{align*}
$$

and hence $T u \in L_{\mathrm{loc}}^{p}(\Omega)$.

## 4. Horizontal Calderón-Zygmund estimates

At the beginning of this section let us recall some preliminary material. The following lemma can be found in [10].

Lemma 4.1. Let $p \in\left[\gamma_{1}, \gamma_{2}\right]$ and $\mu \in(0,1]$. There exists a constant $c \equiv$ $c\left(k, \gamma_{1}, \gamma_{2}\right)$ such that, if $v, w \in \mathbb{R}^{k}$, then

$$
\left(\mu^{2}+|v|^{2}\right)^{p / 2} \leqslant c\left(\mu^{2}+|w|^{2}\right)^{p / 2}+c\left(\mu^{2}+|v|^{2}+|w|^{2}\right)^{(p-2) / 2}|v-w|^{2}
$$

The following lemma is a direct consequence of a Calderón-Zygmund type covering argument and can be inferred from [19], [21], [32].

Lemma 4.2. Let $B_{R_{0}} \in \mathbb{H}^{n}$ be a ball with radius $R_{0}$. Assume that $E, G \subset B_{R_{0}}$ are measurable sets satisfying the following conditions:
(i) there exists $\delta \in(0,1)$ such that $|E| \leqslant \delta\left|B_{R_{0}}\right|$;
(ii) for any ball $B\left(x_{0}, R\right)$ centered in $B_{R_{0}}$, with radius $R \leqslant 2 R_{0}$ and such that $\left|E \cap B\left(x_{0}, 5 R\right)\right|>\delta\left|B_{R_{0}} \cap B\left(x_{0}, R\right)\right|$, we have $E \cap B\left(x_{0}, 5 R\right) \subset G$.
Then it follows that $|E| \leqslant \delta|G|$.
Let $B_{R_{0}} \subset \mathbb{R}^{n}$ be a ball. We will consider the Restricted Maximal Function Operator relative to $B_{R_{0}}$, which is defined as

$$
\begin{equation*}
M_{B_{R_{0}}}^{*}(f)(x):=\sup _{\substack{B \subset B_{R_{0}} \\ x \in B}} f_{B}|f(x)| \mathrm{d} x \tag{4.1}
\end{equation*}
$$

whenever $f \in L^{1}\left(B_{R_{0}}\right)$, where $B$ denotes any ball contained in $B_{R_{0}}$, not necessarily with the same center, as long as it contains the point $(x, y, t)$. In the same way, for $s>1$ we define

$$
\begin{equation*}
M_{s, B_{R_{0}}}^{*}(f)(x):=\sup _{\substack{B \subset B_{R_{0}} \\ x \in B}}\left(f_{B}|f(x)|^{s} \mathrm{~d} x\right)^{1 / s} \tag{4.2}
\end{equation*}
$$

whenever $f \in L^{s}\left(B_{R_{0}}\right)$. We recall the following estimate for $M_{1, B_{R_{0}}}^{*} \equiv M_{B_{R_{0}}}^{*}$ :

$$
\begin{equation*}
\left|\left\{x \in B_{R_{0}}:\left|M_{B_{R_{0}}}^{*}(f)(x)\right| \geqslant \lambda\right\}\right| \leqslant \frac{c_{W}}{\lambda^{\gamma}} \int_{B_{R_{0}}}|f(x)|^{\gamma} \mathrm{d} x \quad \forall \lambda>0, \gamma \geqslant 1, \tag{4.3}
\end{equation*}
$$

which is valid for any $f \in L^{1}\left(B_{R_{0}}\right)$; the constant $c_{W}$ depends only on $\mathcal{Q}$; for this and related issues we refer to [36]. A standard consequence of the previous inequality is then

$$
\begin{equation*}
\int_{B_{R_{0}}}\left|M_{B_{R_{0}}}^{*}(f)(x)\right|^{\gamma} \mathrm{d} x \leqslant \frac{c(\mathcal{Q}, \gamma)}{\gamma-1} \int_{B_{R_{0}}}|f(x)|^{\gamma} \mathrm{d} x, \quad \gamma>1 . \tag{4.4}
\end{equation*}
$$

A similar estimate for the $M_{s, B_{R_{0}}}^{*}$ operator is

$$
\begin{equation*}
\int_{B_{R_{0}}}\left|M_{s, B_{R_{0}}}^{*}(f)(x)\right|^{\gamma} \mathrm{d} x \leqslant \frac{c(\mathcal{Q}, \gamma)}{s(\gamma-s)} \int_{B_{R_{0}}}|f(x)|^{\gamma} \mathrm{d} x, \quad \gamma>s, \tag{4.5}
\end{equation*}
$$

which can be deduced from (4.4), compare [25], Section 7.
Now let us fix an arbitrarily fixed open subset $\Omega^{\prime} \Subset \Omega$; for the rest of the section all balls $B$ considered will be such that $B \Subset \Omega^{\prime}$ unless otherwise specified, and in the sequel all the regularity results we are going to prove are in $\Omega^{\prime}$. Since the choice of $\Omega^{\prime}$ is arbitrary, the corresponding local regularity of $\nabla_{\mathbb{H}} u$ in $\Omega$ will also follow.

In the following we shall concentrate on a ball $B_{R_{0}}$ such that $B_{2 R_{0}} \subset \Omega^{\prime}$. The symbol $M^{*}$ will denote the restricted maximal operator relative to the ball $B_{2 R_{0}}$ in the sense of (4.1): $M^{*} \equiv M_{B_{2 R_{0}}}^{*}$; accordingly we shall denote by $M_{q / p}^{*}$ the restricted maximal operator in the sense of (4.2), again relative to $B_{2 R_{0}}$, that is, $M_{q / p}^{*} \equiv$ $M_{q / p, B_{2 R_{0}}}^{*}$.

We can now prove the following important lemma.
Lemma 4.3. Let $u \in H W^{1, p}(\Omega)$ be a solution to the $\mathcal{K}_{\psi, w}(\Omega)$-obstacle problem under assumptions (1.3)-(1.8) with $2 \leqslant p<4$. Then there exist numbers $\varepsilon \equiv$ $\varepsilon(\alpha, \beta, q, n, p) \in(0,1)$ and $A \equiv A(n, p, q, \alpha, \beta) \geqslant 1$ such that the following holds:

If $B$ is a CC-ball centered in $B_{R_{0}}$ and with radius less than $2 R_{0}$ satisfying

$$
\begin{equation*}
|E \cap 5 B|>\delta\left|B \cap B_{R_{0}}\right| \tag{4.6}
\end{equation*}
$$

then

$$
\begin{equation*}
5 B \cap B_{R_{0}} \subset G \tag{4.7}
\end{equation*}
$$

where we set

$$
E:=\left\{x \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{\mathbb{H}} u\right|^{p} \mid\right)(x)>A \lambda \text { and } M_{q / p}^{*}\left(\left|\nabla_{\mathbb{H}} \psi\right|^{p}+1\right)(x) \leqslant \varepsilon \lambda\right\},
$$

and

$$
G:=\left\{x \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{\boldsymbol{H}} u\right|^{p}\right)(x)>\lambda\right\} .
$$

Proof. We proceed by contradiction, therefore we assume that (4.7) fails and we thus show that, if we operate a suitable choice of $\varepsilon$ and $A$, also (4.6) fails (but with the dependence on the constants as in the statement of the lemma).

Step 1: beginning
Indeed, assuming that (4.7) fails but (4.6) still holds true, we can infer that there exists $z_{1} \in 5 B \cap B_{R_{0}}$ such that $M^{*}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right)\left(z_{1}\right) \leqslant \lambda$. On the other hand, $E \cap 5 B$ is nonempty and therefore there exists $z_{2} \in 5 B \cap B_{R_{0}}$ such that $M_{q / p}^{*}\left(\left|\nabla_{\text {H }} \psi\right|^{p}\right)\left(z_{2}\right) \mathrm{d} x \leqslant$ $(\varepsilon \lambda)$. This means that we have

$$
\begin{equation*}
f_{40 B}\left(\mu^{p}+\left|\nabla_{\boldsymbol{H}} u\right|^{p}\right) \mathrm{d} x \leqslant \lambda \quad \text { and } \quad f_{40 B}\left(\left|\nabla_{\boldsymbol{H}} \psi\right|^{q}+1\right) \mathrm{d} x \leqslant(\varepsilon \lambda)^{q / p} . \tag{4.8}
\end{equation*}
$$

Step 2: comparison to some reference problems
We define $v \in u+H W_{0}^{1, p}(20 B)$ as the solution to the obstacle problem

$$
\begin{equation*}
\int_{B} \mathcal{A}\left(x_{0}, \nabla_{H} v\right)\left(\nabla_{H} v-\nabla_{\boldsymbol{H}} \varphi\right) \mathrm{d} x \leqslant 0 \tag{4.9}
\end{equation*}
$$

for all $\varphi \in K_{\psi, f}(\Omega)$, where $x_{0}$ is the center of $B_{R} \equiv 20 B$.
Now we introduce $w \in u+H W^{1, p}\left(B_{R}\right)$ as the unique solution to the Dirichlet problem

$$
\begin{cases}\operatorname{div}_{\mathfrak{H}} \mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} w\right)=\operatorname{div}_{\mathbb{H}} \mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} \varphi\right) & \text { in } B_{R},  \tag{4.10}\\ w=u & \text { on } \partial B_{R} .\end{cases}
$$

Let us notice that by the maximum principle (see for instance Theorem 2.5 in [11]) we have $w \geqslant \psi$ on $B$, since $w \geqslant \psi$ on $\partial B$.

Finally, let $z \in u+H W_{0}^{1, p}\left(B_{R}\right)$ be the unique solution to the Dirichlet problem

$$
\begin{cases}\operatorname{div}_{H} \mathcal{A}\left(x_{0}, \nabla_{H} z\right)=0 & \text { in } B_{R},  \tag{4.11}\\ z=u & \text { on } \partial B_{R} .\end{cases}
$$

By the recent results for degenerate elliptic equations in the Heisenberg group, for $z$ the following estimate holds true (for more details we refer to [32]):

$$
\begin{equation*}
\sup _{B_{R / 2}}\left|\nabla_{\mathbb{H}} z\right| \leqslant c\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} z\right|^{p} \mathrm{~d} x\right)^{1 / p}, \tag{4.12}
\end{equation*}
$$

where $c$ is a constant depending only on $n, p, \alpha, \beta$.

Step 3: comparison estimates-part I
We now establish the comparison estimates. First of all, we test (4.11) using $z-u$ as an admissible test function. We have

$$
\begin{aligned}
\alpha \int_{B_{R}}\left|\nabla_{\boldsymbol{H}} z\right|^{p} \mathrm{~d} x & \stackrel{(1.5)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\boldsymbol{H}} z\right), \nabla_{\boldsymbol{H}} z\right\rangle \mathrm{d} x \\
& \stackrel{(4.11)}{=} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\boldsymbol{H}} z\right), \nabla_{\boldsymbol{H}} u\right\rangle \mathrm{d} x \\
& \stackrel{(1.6)}{\leqslant} \beta \int_{B_{R}}\left(\left|\nabla_{\boldsymbol{H}} z\right|^{p-1}+1\right)\left|\nabla_{\boldsymbol{H}} u\right| \mathrm{d} x .
\end{aligned}
$$

By averaging and applying Young's inequality, we have that

$$
\begin{equation*}
f_{B_{R}}\left|\nabla_{\mathbb{H}} z\right|^{p} \mathrm{~d} x \leqslant c f_{B_{R}}\left|\nabla_{\mathfrak{H}} u\right|^{p}+1 \mathrm{~d} x, \tag{4.13}
\end{equation*}
$$

with a constant $c$ only dependent on $n, p, \alpha, \beta$.
On the other hand, (4.8), (4.12) together with (4.13) yield

$$
\begin{equation*}
\sup _{B_{R / 2}}\left(\mu^{2}+\left|\nabla_{H} z\right|^{2}\right)^{p / 2} \leqslant c \lambda^{1 / p}, \tag{4.14}
\end{equation*}
$$

where the constant $c$ only depends on $n, p, \alpha, \beta$.
On the other hand, if we test (4.10) by the admissible function $w-u$, again using the structure conditions for the operator $a$ and Young's inequality, we immediately deduce

$$
\begin{aligned}
\alpha \int_{B_{R}}\left|\nabla_{H} w\right|^{p} \mathrm{~d} x & \stackrel{(1.5)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathfrak{H}} w\right), \nabla_{\mathfrak{H}} w\right\rangle \mathrm{d} x \\
& \stackrel{(4.10)}{=} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathfrak{H}} w\right), \nabla_{\mathfrak{H}} u\right\rangle \mathrm{d} x+\int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} \psi\right), \nabla_{H} w-\nabla_{H} u\right\rangle \mathrm{d} x \\
& \stackrel{(1.6)}{\leqslant} \frac{\alpha}{2} \int_{B_{R}}\left|\nabla_{H} w\right|^{p} \mathrm{~d} x+c \int_{B_{R}}\left|\nabla_{H} u\right|^{p} \mathrm{~d} x+c \int_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x,
\end{aligned}
$$

which gives after averaging

$$
\begin{equation*}
f_{B_{R}}\left|\nabla_{H} w\right|^{p} \mathrm{~d} x \leqslant c f_{B_{R}}\left|\nabla_{H} u\right|^{p} \mathrm{~d} x+c f_{B_{R}}\left|\nabla_{\boldsymbol{H}} \psi\right|^{p}+1 \mathrm{~d} x, \tag{4.15}
\end{equation*}
$$

with a constant $c$ which depends only on $n, p, \alpha, \beta$.

Finally we deduce the last comparison estimate for this part, which concerns $v$ and $u$; we exploit (4.9) in the following way:

$$
\begin{aligned}
\alpha \int_{B_{R}}\left|\nabla_{\mathbb{H}} v\right|^{p} \mathrm{~d} x & \stackrel{(1.5)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} v\right), \nabla_{\mathbb{H}} v\right\rangle \mathrm{d} x \\
& =\int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} v\right), \nabla_{\mathbb{H}} v-\nabla_{\mathbb{H}} u\right\rangle \mathrm{d} x+\int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathbb{H}} v\right), \nabla_{\mathbb{H}} u\right\rangle \mathrm{d} x \\
& \stackrel{(1.6),(4.9)}{\leqslant} \frac{\alpha}{2} \int_{B_{R}}\left|\nabla_{H} v\right|^{p} \mathrm{~d} x+c \int_{B_{R}}\left|\nabla_{H} u\right|^{p}+1 \mathrm{~d} x,
\end{aligned}
$$

which gives, once more after averaging,

$$
\begin{equation*}
f_{B_{R}}\left|\nabla_{H} v\right|^{p} \mathrm{~d} x \leqslant c f_{B_{R}}\left|\nabla_{\boldsymbol{H} u} u\right|^{p}+1 \mathrm{~d} x \tag{4.16}
\end{equation*}
$$

with a constant $c$ only dependent on $n, p, \alpha, \beta$.
Step 4: comparison estimates-part II
We now establish the following three comparison estimates:

$$
\begin{align*}
I & :=\int_{B_{R}}\left(\mu^{2}+\left|\nabla_{H} w\right|^{2}+\left|\nabla_{\mathfrak{H}} z\right|^{2}\right)^{(p-2) / 2}\left|\nabla_{H} w-\nabla_{\mathfrak{H}} z\right|^{2} \mathrm{~d} x \leqslant c \varepsilon^{(p-1) / p} R^{n} \lambda,  \tag{4.17}\\
I I & :=\int_{B_{R}}\left(\mu^{2}+\left|\nabla_{H} v\right|^{2}+\left|\nabla_{H} w\right|^{2}\right)^{(p-2) / 2}\left|\nabla_{H} v-\nabla_{H} w\right|^{2} \mathrm{~d} x \leqslant c \varepsilon^{(p-1) / p} R^{n} \lambda,  \tag{4.18}\\
I I I & :=\int_{B_{R}}\left(\mu^{2}+\left|\nabla_{H} u\right|^{2}+\left|\nabla_{\mathbb{H}} v\right|^{2}\right)^{(p-2) / 2}\left|\nabla_{H} u-\nabla_{H} v\right|^{2} \mathrm{~d} x \leqslant c \varepsilon^{(p-1) / p} R^{n} \lambda \tag{4.19}
\end{align*}
$$

with constants $c \equiv c(n, p, \alpha, \beta)$. First of all, exploiting the structure conditions on the field $\mathcal{A}$-notice that $p \geqslant 2$ - the comparison problems (4.10) and (4.11) and Hölder's inequality, we have

$$
\begin{aligned}
& c^{*}(\alpha) I \stackrel{(1.7)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\boldsymbol{H}} w\right)-\mathcal{A}\left(x_{0}, \nabla_{\boldsymbol{H}} z\right), \nabla_{\boldsymbol{H}} w-\nabla_{\text {H }} z\right\rangle \mathrm{d} x \\
& \stackrel{(4.11)}{=} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\text {H }} w\right), \nabla_{\text {HH }} w-\nabla_{\text {HH }} z\right\rangle \mathrm{d} x \\
& \stackrel{(4.10)}{=} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{H} \psi\right), \nabla_{\text {H }} w-\nabla_{\text {H }} z\right\rangle \mathrm{d} x \\
& \stackrel{(1.6)}{\leqslant} \beta \int_{B_{R}}\left(\left|\nabla_{H} \psi\right|^{p-1}+1\right)\left|\nabla_{H} w-\nabla_{\text {HH }} z\right| \mathrm{d} x \\
& \leqslant c R^{n}\left(f_{B_{R}}\left(\left|\nabla_{\boldsymbol{H}} \psi\right|^{p-1}+1\right)^{p /(p-1)} \mathrm{d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} w-\nabla_{H} z\right|^{p}\right)^{1 / p} \\
& \leqslant c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} w\right|^{p}+\left|\nabla_{H} z\right|^{p} \mathrm{~d} x\right)^{1 / p} \text {. }
\end{aligned}
$$

Using the comparison estimates established at Step 3, namely (4.15) and (4.13), we can immediately estimate the second integral as

$$
f_{B_{R}}\left(\left|\nabla_{H} w\right|^{p}+\left|\nabla_{H} z\right|^{p}\right) \mathrm{d} x \leqslant c f_{B_{R}}\left|\nabla_{\mathfrak{H} u} u\right|^{p} \mathrm{~d} x+c f_{B_{R}}\left|\nabla_{H} \psi\right|^{p} \mathrm{~d} x+1 .
$$

Putting together the last two estimates, we obtain by means of Hölder's inequality

$$
\begin{aligned}
& c^{*}(\alpha) I \leqslant c R^{n}\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} u\right|^{p}+f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{1 / p} \\
&= c R^{n}\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} \psi\right|^{p}+1 \mathrm{~d} x\right) \\
&+c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} u\right|^{p}+1 \mathrm{~d} x\right)^{1 / p} \\
& \begin{array}{l}
(4.8) \\
\leqslant
\end{array} c R^{n}\left(f_{B_{R}}\left|\nabla_{\sharp H} \psi\right|^{q}+1 \mathrm{~d} x\right)^{p / q} \\
&+c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{q}+1 \mathrm{~d} x\right)^{(p-1) / q}\left(f_{B_{R}}\left|\nabla_{\mathbb{H}} u\right|^{p}+1 \mathrm{~d} x\right)^{1 / p} \\
& \leqslant c R^{n}(\varepsilon \lambda)+c R^{n}(\varepsilon \lambda)^{(p-1) / p} \lambda^{1 / p}=c R^{n}(\varepsilon \lambda)+c R^{n} \varepsilon^{(p-1) / p} \lambda \\
& \leqslant c(n, p, q, \alpha, \beta) \varepsilon^{(p-1) / p} R^{n} \lambda,
\end{aligned}
$$

where $q>1$ appears in the assumption on the horizontal gradient of the obstacle function.

Concerning the second comparison estimate, we again exploit the structure conditions for the operator $\mathcal{A}$ but this time we also use the obstacle problem (4.9) together with the comparison estimates established in Step 3, namely (4.15) and (4.16). We thus deduce

$$
\begin{aligned}
& c^{*}(\alpha) I I \stackrel{(1.7)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{H} v\right)-\mathcal{A}\left(x_{0}, \nabla_{H} w\right), \nabla_{H} v-\nabla_{H} w\right\rangle \mathrm{d} x \\
& \stackrel{(4.9)}{\leqslant} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\text {H }} w\right), \nabla_{\text {H }} w-\nabla_{\text {H }} v\right\rangle \mathrm{d} x \\
& \stackrel{(4.10)}{=} \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{H} \psi\right), \nabla_{\text {H }} w-\nabla_{\text {HH }} v\right\rangle \mathrm{d} x \\
& \stackrel{(1.6)}{\leqslant} \beta \int_{B_{R}}\left(\left|\nabla_{H} \psi\right|^{p-1}+1\right)\left|\nabla_{H} w-\nabla_{\mathbb{H}} v\right| \mathrm{d} x \\
& \leqslant c R^{n}\left(f_{B_{R}}\left(\left|\nabla_{H} \psi\right|^{p-1}+1\right)^{p /(p-1)} \mathrm{d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} w-\nabla_{H} v\right|^{p}\right)^{1 / p} \\
& \leqslant c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} w\right|^{p}+\left|\nabla_{\mathbb{H}} v\right|^{p} \mathrm{~d} x\right)^{1 / p}
\end{aligned}
$$

$$
\begin{aligned}
\stackrel{(4.15),(4.16)}{\leqslant} & c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} u\right|^{p}+f_{B}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{1 / p} \\
\leqslant & c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right) \\
& +c R^{n}\left(f_{B_{R}}\left|\nabla_{H} \psi\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{\boldsymbol{H}} u\right|^{p}+1 \mathrm{~d} x\right)^{1 / p} \\
\leqslant & c(n, p, \alpha, \beta) \varepsilon^{(p-1) / p} R^{n} \lambda,
\end{aligned}
$$

where the conclusion came working exactly as in the previous estimate of $I$.
We finally conclude with the estimate of $I I I$; we have

$$
\begin{aligned}
c^{*}(\alpha) I I I & \leqslant \int_{B_{R}}\left\langle\mathcal{A}\left(x_{0}, \nabla_{\mathfrak{H}} u\right)-\mathcal{A}\left(x_{0}, \nabla_{\mathfrak{H}} v\right), \nabla_{H} u-\nabla_{H} v\right\rangle \mathrm{d} x \\
& \stackrel{(1.5)}{\leqslant} \beta \int_{B_{R}} 2\left(1+\left|\nabla_{H} u\right|^{p-1}\right)\left|\nabla_{H} u-\nabla_{\mathbb{H}} v\right| \mathrm{d} x \\
& \leqslant c R^{n}\left(f_{B_{R}}\left(\left|\nabla_{H} u\right|^{p-1}+1\right)^{p /(p-1)} \mathrm{d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} u-\nabla_{H} v\right|^{p}\right)^{1 / p} \\
& \leqslant c R^{n}\left(f_{B_{R}}\left|\nabla_{H} u\right|^{p}+1 \mathrm{~d} x\right)^{(p-1) / p}\left(f_{B_{R}}\left|\nabla_{H} u\right|^{p}+\left|\nabla_{H} v\right|^{p}\right)^{1 / p}
\end{aligned}
$$

$$
\stackrel{(4.8),(4.16)}{\leqslant} c(n, p, \alpha, \beta) R^{n} \varepsilon^{(p-1) / p} \lambda
$$

Using repeatedly Lemma 4.1, we deduce

$$
\left(\mu^{2}+\left|\nabla_{\mathbb{H}} u\right|^{2}\right)^{p / 2} \leqslant \tilde{c}\left[\left(\mu^{2}+\left|\nabla_{\mathbb{H}} z\right|^{2}\right)^{p / 2}+I+I I+I I I\right]
$$

where $I, I I, I I I$ have been introduced in (4.17)-(4.19), for a suitable $\tilde{c} \equiv \tilde{c}(n, p, q$, $\alpha, \beta)$.

Let us consider the restricted maximal operator to the ball $10 B$, denoted by $M^{* *}$ we have $M^{* *} \equiv M_{10 B}^{*}$. By the previous estimates we obtain immediately

$$
\begin{aligned}
\mid\{x \in & \left.B_{R_{0}}: M^{* *}\left(\mu^{p}+\left|\nabla_{\mathbb{H}} u\right|^{p}\right)(x)>A \lambda, M_{q / p}^{*}\left(\mu^{2}+\left|\nabla_{\mathbb{H}} \psi\right|^{p}\right)(x) \leqslant \varepsilon \lambda\right\} \mid \\
\leqslant & \left|\left\{x \in B_{R_{0}}: M^{* *}\left(\tilde{c}\left(\mu^{2}+\left|\nabla_{\mathbb{H}} z\right|^{2}\right)^{p / 2}\right)>\frac{A \lambda}{4 \tilde{c}}\right\}\right| \\
& +\left|\left\{x \in B_{R_{0}}: M^{* *}(\tilde{c} I)>\frac{A \lambda}{4 \tilde{c}}\right\}\right|+\left|\left\{x \in B_{R_{0}}: M^{* *}(\tilde{c} I I)>\frac{A \lambda}{4 \tilde{c}}\right\}\right| \\
& +\left|\left\{x \in B_{R_{0}}: M^{* *}(\tilde{c} I I I)>\frac{A \lambda}{4 \tilde{c}}\right\}\right|=: I V+V+V I+V I I .
\end{aligned}
$$

Estimate for $I V$ : by (4.14) we obtain $I V \leqslant c \lambda$ and therefore $I V=0$.

Estimate for $V, V I, V I I$ : we use estimate (4.3) for the maximal function and the estimates (4.17), (4.18) and (4.19) to conclude that there exists a constant $\bar{c}=$ $\bar{c}(n, p, q, \alpha, \beta)$ such that

$$
\begin{gathered}
V \leqslant \frac{\tilde{c}}{c \lambda} \varepsilon^{(p-1) / p} R^{n} \lambda \leqslant \bar{c} \varepsilon^{(p-1) / p}\left|B_{R_{0}}\right|, \\
V I \leqslant \bar{c} \varepsilon^{(p-1) / p}\left|B_{R_{0}}\right|, \quad V I I \leqslant \bar{c} \varepsilon^{(p-1) / p}\left|B_{R_{0}}\right| .
\end{gathered}
$$

Taking $\varepsilon$ and $A$ small enough to have

$$
\left|\left\{x \in B_{R_{0}}: M^{* *}\left(\mu^{p}+\left|\nabla_{\text {丹 }} u\right|^{p}\right)(x)>A \lambda\right\}\right|<\delta\left|B_{R_{0}} \cap B\right|,
$$

following the argument of the proof of Lemma 10.3 of [32], by (2.4) we obtain

$$
\left|\left\{x \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right)(x)>A \lambda\right\}\right|<\delta\left|B_{R_{0}} \cap B\right|,
$$

which contradicts (4.6).
We are now able to give the proof of Theorem 1.2.
Proof. The proof of the theorem can be handled in a quite standard way, following [32]. We will sketch the main steps for the reader's convenience. We will start by choosing an exponent $s$ such that $s>q$; this implies of course that from now on, all the constants depending on $s$ will actually depend on $q$. We choose $A$ with the aim of using Lemma 4.3. In this manner we determine the choice of the number $\varepsilon$, depending on the same quantities, once more in view of the application of Lemma 4.3. Now let us set

$$
\begin{align*}
& \mu_{1}(t):=\left|\left\{x \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{\text {HH }} u\right|^{p}\right)(x)>t\right\}\right|,  \tag{4.20}\\
& \mu_{2}(t):=\left|\left\{x \in B_{R_{0}}: M_{q / p}^{*}\left(|F|^{p}\right)(x)>t\right\}\right|
\end{align*}
$$

and keep in mind that the maximal operators $M_{q / p}^{*}$ are restricted to the ball $B_{2 R_{0}}$. The proof will proceed by iterating the function $\mu_{1}(\cdot)$ using information on $\mu_{2}(\cdot)$, that is getting information on the measure of the level sets of $\left|\nabla_{H} u\right|$, in terms of those of $\left|\nabla_{\text {Н }} \psi\right|$. We choose the starting level $\lambda_{0}$ as

$$
\lambda_{0}:=C f_{B_{2 R_{0}}}\left(\mu^{p}+\left|\nabla_{\mathbb{H}} u\right|^{p}\right) \mathrm{d} x,
$$

where $C$ is a suitable constant depending on the doubling constant $C_{d}$ and on $c_{w}$; the role of this constant in the sequel does not require any further detail. Therefore, using (4.4) and the fact that $A>1$, we find for any $m \in \mathbb{N}$

$$
\begin{equation*}
\mu_{1}\left(A^{m} \lambda_{0}\right) \leqslant \mu_{1}\left(\lambda_{0}\right) \leqslant \frac{\delta}{2}\left|B_{R_{0}}\right| . \tag{4.21}
\end{equation*}
$$

Now we want to use Lemma 4.2; more precisely, for every $m=0,1,2, \ldots$ we would like to apply it with the choices

$$
\delta=\frac{1}{2 A^{q / p}}
$$

and

$$
\begin{align*}
E & :=\left\{z \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{\mathbb{H}}\right|^{p}\right)>A^{m+1} \lambda_{0}, \text { and } M_{q / p}^{*}\left(\left|\nabla_{\mathbb{H}} \psi\right|^{p}\right)<\varepsilon A^{m} \lambda_{0}\right\},  \tag{4.22}\\
G & :=\left\{z \in B_{R_{0}}: M^{*}\left(\mu^{p}+\left|\nabla_{\boldsymbol{H}} u\right|^{p}\right)>A^{m} \lambda_{0}\right\} . \tag{4.23}
\end{align*}
$$

Thus we first check if the assumptions for Lemma 4.2 hold. First of all, we can immediately see that $|E| \leqslant \mu_{1}\left(A^{m+1} \lambda_{0}\right)$, therefore, combining this information with (4.21), we readily have

$$
|E| \leqslant \frac{\delta}{2}\left|B_{R_{0}}\right|
$$

which is the first assumption needed in the application of the lemma. The second assumption is exactly given by Lemma 4.3 , which is applied with $\lambda \equiv A^{m} \lambda_{0}$; therefore, recalling that $|G|=\mu_{1}\left(A^{m} \lambda_{0}\right)$ and that $|E| \geqslant \mu_{1}\left(A^{m+1} \lambda_{0}\right)-\mu_{2}\left(A^{m} \varepsilon \lambda_{0}\right)$, the thesis of Lemma 4.2 gives

$$
\begin{equation*}
\mu_{1}\left(A^{m+1} \lambda_{0}\right) \leqslant \frac{1}{2 A^{q / p}} \mu_{1}\left(A^{m} \lambda_{0}\right)+\mu_{2}\left(A^{m} \varepsilon \lambda_{0}\right) \tag{4.24}
\end{equation*}
$$

for any $m=0,1,2, \ldots$ Induction on the previous inequality easily gives

$$
\mu_{1}\left(A^{m+1} \lambda_{0}\right) \leqslant\left(\frac{1}{2 A^{q / p}}\right)^{m+1} \mu_{1}\left(\lambda_{0}\right)+\sum_{i=0}^{m}\left(\frac{1}{2 A}\right)^{m-i} \mu_{2}\left(A^{i} \varepsilon \lambda_{0}\right) .
$$

Therefore, if we multiply the previous equation by $A^{q(m+1) / p}$ and sum over $m$ from 0 to $M \in \mathbb{N}$, we have

$$
\begin{aligned}
\sum_{m=0}^{M} A^{q(m+1) / p} \mu_{1}\left(A^{m+1} \lambda_{0}\right) & \leqslant \sum_{m=0}^{M} \frac{1}{2^{m+1}} \mu_{1}\left(\lambda_{0}\right)+\sum_{m=0}^{M} \sum_{i=0}^{m} A^{q(i+1) / p}\left(\frac{1}{2}\right)^{m-i} \mu_{2}\left(A^{i} \varepsilon \lambda_{0}\right) \\
& \leqslant \mu_{1}\left(\lambda_{0}\right)+\sum_{m=0}^{M} \sum_{i=0}^{m} A^{q(i+1) / p}\left(\frac{1}{2}\right)^{m-i} \mu_{2}\left(A^{i} \varepsilon \lambda_{0}\right) .
\end{aligned}
$$

Interchanging the order of summation in the second term of the last inequality and exploiting the geometric series, we actually deduce after passing to the limit as $M \rightarrow \infty$

$$
\begin{equation*}
\sum_{m=0}^{\infty} A^{q(m+1) / p} \mu_{1}\left(A^{m+1} \lambda_{0}\right) \leqslant \mu_{1}\left(\lambda_{0}\right)+2 A^{q / p} \sum_{m=0}^{\infty} 2 A^{q m / p} \mu_{2}\left(A^{m} \varepsilon \lambda_{0}\right) \tag{4.25}
\end{equation*}
$$

Now we would like to turn the previous estimate into an estimate for the maximal function. This can be done in a standard way by applying the elementary inequality

$$
\int_{B_{R_{0}}} g^{q} \mathrm{~d} x=\int_{0}^{\infty} q \lambda^{q-1}\left(x \in B_{R_{0}}: g(x)>\lambda\right) \mathrm{d} \lambda,
$$

which holds for $g \in L^{q}\left(B_{R_{0}}\right), g \geqslant 0, q \geqslant 1$, to the function $g \equiv M^{*}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right)$; we just need to decompose the interval $[0, \infty)$ into intervals $\left[0, \lambda_{0}\right]$ and $\left[A^{n} \lambda_{0}, A^{n+1} \lambda_{0}\right]$ and exploit (4.25) together with the monotonicity of the functions $\mu_{1}, \mu_{2}$ and the $L^{p}$ estimate for the maximal function. At the end, we come up with

$$
\begin{aligned}
& \int_{B_{R_{0}}}\left(\mu+\left|\nabla_{\mathbb{H}} u\right|\right)^{q} \mathrm{~d} x \leqslant c \int_{B_{R_{0}}} M^{*}\left(\mu^{p}+\left|\nabla_{\mathbb{H}} u\right|^{p}\right)^{q / p} \mathrm{~d} x=c \int_{0}^{\infty} \lambda^{q / p-1} \mu_{1}(\lambda) \mathrm{d} \lambda \\
& \quad=c \int_{0}^{\lambda_{0}} \lambda^{q / p-1} \mu_{1}(\lambda) \mathrm{d} \lambda+c \sum_{m=0}^{\infty} \int_{A^{m} \lambda_{0}}^{A^{m+1} \lambda_{0}} \lambda^{q / p-1} \mu_{1}(\lambda) \mathrm{d} \lambda \\
& \quad \leqslant \lambda_{0}^{q / p}\left|B_{R_{0}}\right|+c \lambda_{0}^{q / p} \sum_{m=1}^{\infty} A^{q m / p} \mu_{2}\left(A^{m} \varepsilon \lambda_{0}\right) \\
& \quad \leqslant c\left(f_{B_{2 R_{0}}}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right) \mathrm{d} x\right)^{q / p}\left|B_{R_{0}}\right|+\frac{A}{\varepsilon^{q / p}(A-1)} \int_{0}^{\infty} \lambda^{q / p-1} \mu_{2}(\lambda) \mathrm{d} \lambda \\
& \quad \leqslant c\left(f_{B_{2 R_{0}}}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right) \mathrm{d} x\right)^{q / p}\left|B_{R_{0}}\right|+c \int_{B_{R_{0}}} M_{q / p}^{*}\left(1+\left|\nabla_{H} \psi\right|^{p}\right)^{q / p} \mathrm{~d} x \\
& \quad \leqslant c\left(f_{B_{2 R_{0}}}\left(\mu^{p}+\left|\nabla_{H} u\right|^{p}\right) \mathrm{d} x\right)^{q / p}\left|B_{R_{0}}\right|+c \int_{B_{2 R_{0}}}\left|\nabla_{H} \psi\right|^{q} \mathrm{~d} x,
\end{aligned}
$$

where the constants in the last line include the dependence on $\varepsilon$ and $A$, and therefore, due to our choices, these constants finally depend on $n, p, q, \alpha, \beta$. Therefore, after elementary manipulations, we finally come to the estimate

$$
\begin{aligned}
& \left(f_{B_{R_{0}}}\left(\mu+\left|\nabla_{H} u\right|\right)^{q} \mathrm{~d} x\right)^{1 / q} \\
& \quad \\
& \quad \leqslant c\left(f_{B_{2 R_{0}}}\left(\mu^{p}+\left|\nabla_{\boldsymbol{H}} u\right|^{p}\right) \mathrm{d} x\right)^{q / p}+c\left(f_{B_{2 R_{0}}}\left|\nabla_{\boldsymbol{H}} \psi\right|^{q} \mathrm{~d} x\right)^{1 / q},
\end{aligned}
$$

which holds for any small radius $R_{0}$ fulfilling the condition $B_{2 R_{0}} \Subset \Omega$. The conclusion comes due to a standard covering argument, in the spirit of [32].

Acknowledgement. We thank M. Eleuteri and A. Pinamonti for useful discussions and important suggestions on the subject.

## References

[1] E. Acerbi, G. Mingione: Gradient estimates for a class of parabolic systems. Duke Math. J. 136 (2007), 285-320.
[2] V. Bögelein, F. Duzaar, G. Mingione: Degenerate problems with irregular obstacles. J. Reine Angew. Math. 650 (2011), 107-160.
[3] L. A. Caffarelli: The obstacle problem revisited. J. Fourier Anal. Appl. 4 (1998), 383-402.
[4] L. A. Caffarelli: The regularity of free boundaries in higher dimensions. Acta Math. 139 (1978), 155-184.
[5] L. Capogna: Regularity of quasi-linear equations in the Heisenberg group. Commun. Pure Appl. Math. 50 (1997), 867-889.
[6] L. Capogna, D. Danielli, N. Garofalo: An embedding theorem and the Harnack inequality for nonlinear subelliptic equations. Commun. Partial Differ. Equations 18 (1993), 1765-1794.
[7] L. Capogna, D. Danielli, S. D. Pauls, J. T. Tyson: An Introduction to the Heisenberg Group and the Sub-Riemannian Isoperimetric Problem. Progress in Mathematics 259. Birkhäuser, Basel, 2007.
[8] H. J. Choe: A regularity theory for a general class of quasilinear elliptic partial differential equations and obstacle problems. Arch. Ration. Mech. Anal. 114 (1991), 383-394.
[9] G. Citti, A.Sarti: A cortical based model of perceptual completion in the rototranslation space. J. Math. Imaging Vision 24 (2006), 307-326.
[10] G. Cupini, N. Fusco, R. Petti: Hölder continuity of local minimizers. J. Math. Anal. Appl. 235 (1999), 578-597.
[11] D. Danielli: Regularity at the boundary for solutions of nonlinear subelliptic equations. Indiana Univ. Math. J. 44 (1995), 269-286.
[12] D. Danielli, N. Garofalo, A. Petrosyan: The sub-elliptic obstacle problem: $\mathcal{C}^{1, \alpha}$ regularity of the free boundary in Carnot groups of step two. Adv. Math. 211 (2007), 485-516.
[13] E. DiBenedetto, J. Manfredi: On the higher integrability of the gradient of weak solutions of certain degenerate elliptic systems. Am. J. Math. 115 (1993), 1107-1134.
[14] A. Domokos: Differentiability of solutions for the non-degenerate $p$-Laplacian in the Heisenberg group. J. Differ. Equations 204 (2004), 439-470.
[15] A. Domokos: On the regularity of subelliptic p-harmonic functions in Carnot groups. Nonlinear Anal., Theory Methods Appl. 69 (2008), 1744-1756.
[16] A. Domokos, J. J. Manfredi: Subelliptic Cordes estimates. Proc. Am. Math. Soc. 133 (2005), 1047-1056.
[17] A. Domokos, J. J. Manfredi: $C^{1, \alpha}$-regularity for $p$-harmonic functions in the Heisenberg group for $p$ near 2. The $p$-harmonic Equation and Recent Advances in Analysis. Proceedings of the 3rd Prairie Analysis Seminar, Manhattan, KS, USA, October 17-18, 2003 (P. Poggi-Corradini, ed.). Contemporary Mathematics 370, American Mathematical Society, Providence, 2005, pp. 17-23.
[18] M. Eleuteri: Regularity results for a class of obstacle problems. Appl. Math., Praha 52 (2007), 137-170.
[19] M. Eleuteri, J. Habermann: Calderón-Zygmund type estimates for a class of obstacle problems with $p(x)$ growth. J. Math. Anal. Appl. 372 (2010), 140-161.
[20] M. Fuchs, G. Mingione: Full $C^{1, a}$-regularity for free and constrained local minimizers of elliptic variational integrals with nearly linear growth. Manuscr. Math. 102 (2000), 227-250.
[21] P. Goldstein, A. Zatorska-Goldstein: Calderon-Zygmund type estimates for nonlinear systems with quadratic growth on the Heisenberg group. Forum Math. 20 (2008), 679-710.
[22] M. Gromov: Carnot-Carathéodory spaces seen from within. Sub-Riemannian Geometry. Proceedings of the Satellite Meeting of the 1st European Congress of Mathematics 'Journées Nonholonomes: Géométrie Sous-Riemannienne, Théorie du Contrôle, Robotique', Paris, France, June 30-July 1, 1992 (A. Bellaïche et al., eds.). Progress in Mathematics 144, Birkhauser, Basel, 1996, pp. 79-323.
[23] J. Heinonen, T. Kilpeläinen, O. Martio: Nonlinear potential theory of degenerate elliptic equations. Unabridged republication of the 1993 original. Dover Publications, Mineola, 2006.
[24] L. Hörmander: Hypoelliptic second order differential equations. Acta Math. 119 (1967), 147-171.
[25] T. Iwaniec: Projections onto gradient fields and $L^{p}$-estimates for degenerated elliptic operators. Stud. Math. 75 (1983), 293-312.
[26] H. Lewy: An example of a smooth linear partial differential equation with solution. Ann. Math. 66 (1957), 155-158.
[27] J. L. Lions, G. Stampacchia: Variational inequalities. Commun. Pure Appl. Math. 20 (1967), 493-519.
[28] J. J. Manfredi, G. Mingione: Regularity results for quasilinear elliptic equations in the Heisenberg group. Math. Ann. 339 (2007), 485-544.
[29] S. Marchi: Regularity for the solutions of double obstacle problems involving nonlinear elliptic operators on the Heisenberg group. Matematiche 56 (2001), 109-127.
[30] G. Mingione: The Calderón-Zygmund theory for elliptic problems with measure data. Ann. Sc. Norm. Super. Pisa, Cl. Sci. (5) 6 (2007), 195-261.
[31] G. Mingione: Calderón-Zygmund estimates for measure data problems. C. R., Math., Acad. Sci. Paris 344 (2007), 437-442.
[32] G. Mingione, A. Zatorska-Goldstein, X. Zhong: Gradient regularity for elliptic equations in the Heisenberg group. Adv. Math. 222 (2009), 62-129.
[33] J. Mu, W. P. Ziemer: Smooth regularity of solutions of double obstacle problems involving degenerate elliptic equations. Commun. Partial Differ. Equations 16 (1991), 821-843.
[34] J.-F. Rodrigues: Obstacle Problems in Mathematical Physics. North-Holland Mathematics Studies 134. North-Holland, Amsterdam, 1987.
[35] G. Stampacchia: Formes bilineaires coercitives sur les ensembles convexes. C. R. Acad. Sci., Paris 258 (1964), 4413-4416. (In French.)
[36] E. M. Stein: Harmonic Analysis: Real-Variable Methods, Orthogonality, and Oscillatory Integrals. With the Assistance of Timothy S. Murphy. Princeton Mathematical Series 43. Princeton University Press, Princeton, 1993.
[37] H. J. Sussmann: Geometry and optimal control. Mathematical Control Theory. With a Foreword by Sanjoy K. Mitter. Dedicated to Roger Ware Brockett on the occasion of his 60th birthday (J. B. Baillieul et al., eds.). Springer, 1998, pp. 140-198.

Author's address: Francesco Bigolin, Dipartimento di Matematica di Trento, via Sommarive 14, 38123 Povo (Trento), Italy, e-mail: bigolin@science.unitn.it.

